# Seismic study of solar convection and overshooting: results of nonlocal convection \*

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**Abstract** Local mixing-length theory is incapable of describing nonlocal phenomena in stellar convection, such as overshooting. Therefore standard solar models constructed with local mixing-length theory significantly deviate from the Sun at the boundaries of the convection zone, where convection becomes less efficient and nonlocal effects are important. The differences between observed and computed frequencies mainly come from the region near the surface, while the localized difference in sound speed is just below the convective envelope. We compute a solar envelope model using Xiong's nonlocal convection theory, and carry out helioseismic analysis. The nonlocal model has a smooth transition at the base of the convection zone, as revealed by helioseismology. It reproduces solar frequencies more accurately, and reduces the localized difference in sound speed between the Sun and standard solar models.

Key words: convection — Sun: interior — Sun: helioseismology

# **1 INTRODUCTION**

Stellar convection is generally expected to penetrate beyond the convectively unstable boundaries defined by the Schwarzschild criterion. This phenomenon, known as overshooting, has been observed at the surface of the Sun. Overshooting at the bottom of a convective envelope or from a convective core can have crucial influences on the structure and evolution of stars. In the Sun, it is thought to be closely related to the solar tachocline and solar dynamo. Although a lot of effort has been made to model the solar overshooting zone, there are still major disagreements among these models regarding the extent and importance of overshooting.

In stellar modeling, mixing-length theory (MLT; Böhm-Vitense 1958) is usually used to describe convection. It works quite well deep inside the convection zone because the transport of convective energy is very efficient there, and the stratification of temperature is nearly adiabatic regardless of the details of the convection theory. However, its local character makes MLT inadequate for the treatment

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of overshooting. In MLT, convective motions stop suddenly at the boundaries of the convection zone; the nonlocal diffusion of convection, turbulent pressure and turbulent kinetic energy are ignored. Therefore the standard solar model (SSM) constructed with MLT shows clear differences from the Sun at both boundaries of the convection zone.

Convection becomes inefficient near the upper boundary of the solar convection zone, and the temperature gradient  $\nabla$  significantly deviates from its adiabatic value  $\nabla_{ad}$ . The nonlocal transport of convective energy and momentum has important effects on the thermal and dynamic structure of this region, but MLT fails to predict the behavior in this region due to its local approximation. Helioseismology has shown that the frequency differences between the Sun and SSM predominantly arise from improper modeling of the near-surface layers of the Sun (Christensen-Dalsgaard et al. 1996). Similar systematic offsets have been found for solar-like stars. Therefore a more realistic description of convection is required in order to improve the modeling of the near-surface region and match the observed frequencies.

At the lower boundary of the solar convection zone, MLT predicts a sudden switch from the adiabatic temperature gradient  $\nabla_{ad}$  to the radiative temperature gradient  $\nabla_{rad}$ . Because convection stops abruptly at the boundary, gravitational settling of helium and heavy elements causes a steep composition gradient, which leads to a localized sharp feature in the sound-speed difference between the Sun and SSM, as revealed by helioseismic inversions (Basu et al. 1997). Overshooting would cause chemical mixing outside the convection zone and thereby remove the composition gradient, but it cannot be incorporated within the framework of local MLT.

To solve the problem of modeling overshooting, a series of nonlocal MLTs has been developed (Shaviv & Salpeter 1973; Maeder 1975; Bressan et al. 1981; Langer 1986). However, their conclusions differ widely. Some models predicted extensive overshooting (Shaviv & Salpeter 1973; Maeder 1975; Bressan et al. 1981), while others found overshooting to be negligibly small (Saslaw & Schwarzschild 1965; Langer 1986). This was caused by the different built-in assumptions. As pointed out by Renzini (1987), all these theories of the ballistic type had physical inconsistencies introduced by a confusion between local and nonlocal quantities; therefore, their results on overshooting were preordained instead of calculated within the theory. Moreover, the simple overshooting models constructed with nonlocal MLTs have been disproved by helioseismic investigations because they cannot give the smooth stratification as shown to be the case in the Sun (Monteiro et al. 1994; Basu et al. 1994; Roxburgh & Vorontsov 1994).

Another theoretical approach toward solving this problem is the Reynolds Stress Model (RSM; Xiong 1979, 1981, 1989; Xiong et al. 1997; Canuto 1993; Canuto & Dubovikov 1997, 1998; Li & Yang 2007). It starts from the basic hydrodynamic equations by dividing the physical variables, such as velocity, temperature and density, into averaged values and turbulent fluctuations. As the Navier-Stokes equations are non-linear, Reynolds averaging yields an unclosed hierarchy of moment equations, and the third-order moments represent the nonlocal transport of turbulent energy and momentum. Therefore, to form a working nonlocal formulation, closure approximations must be made at the third or higher order. Different approximations lead to different nonlocal convection theories. Most of the approximations introduce free parameters. Like the  $\alpha$  parameter in MLT, they have to be adjusted to meet observational constraints.

Theories of the RSM type, although usually complicated in their applications, are more physically grounded than MLT, and are capable of dealing with nonlocal phenomena like overshooting. In the working equations of Xiong's theory, the moment equations of auto- and cross-correlations of turbulent velocity and temperature are closed at the third order with a gradient-type diffusion approximation, in which the third-order moments are expressed as the gradients of the corresponding second-order moments. These equations have two dimensionless parameters,  $c_1$  and  $c_2$ , related to turbulent dissipation and diffusion, respectively. Xiong's theory has been successfully used in modeling stellar structure, evolution and oscillation (Xiong 1986; Xiong & Chen 1992; Xiong & Deng 2007, 2009).

In this paper, we use Xiong's theory to construct a solar model with updated input physics to study the structure and properties of solar convection and overshooting with helioseismic methods. To avoid extra complications, such as nuclear reactions and chemical evolution in the core, our calculations have been limited to envelope models with the bottom at r = 0.3R, where r is the distance from the center and R is the photospheric radius of the Sun. Section 2 presents the details of the envelope model and its differences from SSM. In Section 3, we calculate the oscillation frequencies of the nonlocal model and perform the seismic analysis. A summary and discussion are presented in Section 4.

#### **2** THE SOLAR ENVELOPE MODEL

#### 2.1 Model Construction

Xiong & Deng (2001) computed a static solar model using the equations of radiation-hydrodynamics (Xiong 1989). They used this model to discuss the properties of solar convection and overshooting. To further study solar convection with helioseismology, we recompute a solar envelope model with updated input physics. The computation uses the OPAL equation of state (Rogers et al. 1996) and opacities (Iglesias & Rogers 1996). For temperatures lower than 6000 K, opacity tables of Ferguson et al. (2005) are taken. Diffusion of helium and heavy elements is not included, thus our envelope model is chemically uniform. We use Model S (Christensen-Dalsgaard et al. 1996) as the reference SSM. Our nonlocal model, in the following Model NL, has been calibrated to the same basic properties of Model S, including the photospheric radius  $R = 6.9599 \times 10^{10}$  cm, surface luminosity  $L = 3.846 \times 10^{33}$  erg s<sup>-1</sup> and a mass ratio between heavy elements and hydrogen Z/X = 0.0245 (Grevesse & Noels 1993).

In order to compare with Model S and the Sun, Model NL should have comparable depth for the convection zone. In the local description, the convectively unstable region can be defined according to many equivalent criteria, such as  $\nabla > \nabla_{ad}$ ,  $\nabla_{rad} > \nabla_{ad}$  or  $F_c > 0$ , where  $F_c$  is the convective (enthalpy) flux. However, in nonlocal theories, the boundaries defined by these criteria do not generally coincide (Canuto 1997; Xiong & Deng 2001; Baturin & Mironova 2010). Deng & Xiong (2008) argued that a proper definition of the boundaries of the convection zone should be the place where  $F_c$  (or equivalently, the correlation of turbulent velocity and temperature) changes sign, so that the local and nonlocal models with the same depth for the convection zone would have similar structure, and the overshooting zone could be consistently defined as the region with negative  $F_c$ . In the nonlocal theory, it is  $F_c = 0$ , instead of the Schwarzschild criterion, that defines the point of neutral buoyancy. Convective motions are driven by the buoyancy force in the convection zone ( $F_c > 0$ ), and dissipate in the overshooting zone ( $F_c < 0$ ). By this criterion, the lower boundary of the convection zone in Model NL has been calibrated to 0.7123R, which is consistent with helioseismic results (Christensen-Dalsgaard et al. 1991; Basu & Antia 1997).

## 2.2 The Superadiabatic Layer

Most of the solar convection zone is nearly adiabatic with  $\nabla$  slightly greater than  $\nabla_{ad}$  due to the high efficiency of convection. However, the near-surface region is substantially superadiabatic, where  $\nabla - \nabla_{ad}$  is of the order unity. As a transition between the adiabatic region and the radiative atmosphere, this thin superadiabatic layer (SAL) is important in solar modeling. In one-dimensional (1-D) models, the overall structure of the convection zone depends on the integrated properties of the SAL (Gough & Weiss 1976). The entropy jump across the SAL is closely related to the efficiency of convection, which in MLT is controlled by the mixing length. An increase of the mixing length renders convective transport more efficient. This means  $\nabla - \nabla_{ad}$  in the SAL becomes smaller, and therefore the entropy jump is reduced, which leads to a smaller radius of the model.



**Fig. 1** Temperature *T* (*left ordinate*) and superadiabaticity  $\nabla - \nabla_{ad}$  (*right ordinate*) vs. fractional radius r/R in the SAL. Solid line: *T* in Model NL; dotted line: *T* in Model S; dashed line:  $\nabla - \nabla_{ad}$  in Model NL; and dash-dotted line:  $\nabla - \nabla_{ad}$  in Model S.

Figure 1 compares the temperature T and the superadiabatic temperature gradient  $\nabla - \nabla_{ad}$  between Model NL and Model S. Model NL shows a steeper temperature gradient in the SAL, which is consistent with the empirical solar atmosphere (Gingerich et al. 1971) and numerical simulations (Kupka 2009; Beeck et al. 2012). The large temperature gradient produces a high peak in  $\nabla - \nabla_{ad}$ , indicating inefficient convection in terms of energy transport. MLT overestimates the efficiency of convection in the SAL, hence the peak in  $\nabla - \nabla_{ad}$  is lower in Model S.

The structure of the SAL is also affected by the dynamical effects of convection. However, in MLT the turbulent pressure  $P_t$  is neglected. Figure 2 shows the ratio between turbulent pressure  $P_t$  and gas pressure  $P_g$  in the near-surface part of Model NL.  $P_t$  increases from almost zero to a maximum of 14 percent near the peak of the SAL. Therefore it has a significant contribution to the total pressure support against gravity.

The turbulent kinetic energy flux  $F_k$ , in units of the total energy flux F, is also plotted in Figure 2.  $F_k/F$  is less than 1.5%, thus its influence on the energy transport is very limited. However, a part of  $F_k$  runs into the overshooting region due to the nonlocal turbulent diffusion, therefore the convective energy flux  $F_c$  and the convective velocity  $v_c$  in the SAL are lower than what MLT predicts, as shown in Figure 3. In Model NL, velocity fluctuations occur outside the convection zone because of overshooting, but in Model S,  $v_c$  is set to zero above the boundary.

Solar near-surface convection has also been studied by means of 3-D numerical simulations (Abbett et al. 1997; Kim & Chan 1998; Stein & Nordlund 1998; Freytag et al. 2012). Their results on the temperature profile, turbulent pressure and overshooting are in good general agreement with ours as shown in Figures 1–3. However, some simulations predict very large  $F_k$  (Kim & Chan 1998; Stein & Nordlund 1998), usually a magnitude larger than we have shown here. Therefore  $F_k$  contributes significantly to the total energy transport in these models. Whether such a difference comes from the approximations adopted in the simulations or from the closure scheme in the RSM requires further investigation. We should also note that numerical simulations still show some distinct differences from each other (Kupka 2009; Tanner et al. 2012) as a result of the different resolutions and approximations in use.



**Fig. 2** Ratio of turbulent pressure to gas pressure  $P_t/P_g$  (solid line, left ordinate) and fractional turbulent kinetic energy flux  $F_k/F$  (dashed line, right ordinate) vs. fractional radius r/R in Model NL.



**Fig. 3** Fractional convective flux  $F_c/F$  (*left ordinate*) and convective velocities  $v_c$  (*right ordinate*) vs. fractional radius r/R in the SAL. Solid line:  $F_c/F$  in Model NL; *dotted line*:  $F_c/F$  in Model S; *dashed line*:  $v_c$  in Model NL; and *dash-dotted line*:  $v_c$  in Model S.

## 2.3 Solar Lower Overshooting Zone

The transition at the bottom of the solar convection zone in MLT models is rather simple:  $\nabla$  changes abruptly from  $\nabla_{ad}$  in the convective envelope to  $\nabla_{rad}$  in the radiative interior, and this switch defines the lower boundary of the convection zone. If overshooting is incorporated using nonlocal MLT with a nearly adiabatic extension from the convection zone, the abruptness of the transition becomes even more serious and causes discontinuity in the derivative of the sound speed *c*. However, in Model NL,



**Fig.4** Temperature gradients  $\nabla$  (*solid line*),  $\nabla_{rad}$  (*dashed line*) and  $\nabla_{ad}$  (*dash-dotted line*) in Model NL. For comparison, the dotted line shows  $\nabla$  in Model S.



**Fig.5** Derivative of the sound speed vs. acoustic depth  $\tau$  in Model NL (*solid line*) and Model S (*dotted line*).

 $\nabla$  is already subadiabatic before reaching the boundary of the convection zone, thus the transition is smooth, as shown in Figure 4. The lower overshooting zone (LOZ) is characterized by a subadiabatic but superradiative temperature gradient ( $\nabla_{rad} < \nabla < \nabla_{ad}$ ). As a result of the smooth stratification, the derivative of the sound speed in the LOZ in Model NL is continuous. This is illustrated in Figure 5, where the derivative of the sound speed is plotted against the acoustic depth

$$\tau = \int_{r}^{R} \frac{\mathrm{d}r}{c}.$$
(1)



**Fig. 6** Superadiabaticity and fractional energy fluxes vs. fractional radius r/R in the LOZ. Left ordinate: superadiabatic temperature gradient  $\nabla - \nabla_{ad}$  in Model NL (solid line) and Model S (dotted line). Right ordinate: convective energy flux  $F_c$  (dashed line) and turbulent kinetic energy flux  $F_k$  (dash-dotted line) in Model NL, in units of the total flux F.

Figure 6 shows the superadiabatic temperature gradient and fractional energy fluxes in Model NL. As in the SAL,  $F_k$  is very small (about 2% of the total energy flux). The convective boundary defined by  $F_c = 0$  in Model NL is similar to that defined by the Schwarzschild criterion in Model S. In the LOZ, the convective energy flux  $F_c$  is negative, and the radiative energy flux  $F_r$  is larger than the total flux of the Sun. As a result, the temperature in the overshooting zone will increase. Therefore the sound speed in this region is higher than MLT predicts.

In the LOZ, turbulent velocity and temperature penetrate more deeply compared with the convective flux (Deng & Xiong 2008), therefore convective mixing is very efficient. Overshooting extends the fully mixed region and may be the dominant mechanism of solar lithium depletion (Xiong & Deng 2009).

#### **3 SEISMIC ANALYSIS**

#### 3.1 Frequencies of p-mode Oscillation

Adiabatic oscillation frequencies are calculated for both models, using the Aarhus adiabatic oscillation package (Christensen-Dalsgaard 2008). Since Model NL is an envelope model, it cannot accurately reproduce the deeply penetrating modes. In our following analysis, only the modes with lower turning point  $r_t > 0.4R$  are considered. The observed frequencies are from the SOHO spacecraft (Scherrer et al. 1995).

Zhang et al. (2012) compared the frequencies between observation and the models. For convenience in the following discussion, in Figure 7 we reproduce the scaled frequency differences  $Q_{nl}\delta\nu_{nl}$ , where  $Q_{nl}$  is the inertia ratio (Christensen-Dalsgaard et al. 1996) and  $\delta\nu_{nl}$  is the difference between observed and computed frequency  $\nu_{nl}$  with radial order n and spherical degree l. For Model S,  $Q_{nl}\delta\nu_{nl}$  is largely a function of frequency, which indicates that the differences between the Sun and Model S are dominated by the near-surface errors (Christensen-Dalsgaard & Thompson 1997). However, Figure 7(a) also shows two distinct branches, suggesting a depth dependence for



**Fig.7** Scaled frequency differences  $Q_{nl}\delta\nu_{nl}$  between the Sun and models, in the sense of (Sun) – (Model). Panel (a) shows  $Q_{nl}\delta\nu_{nl}$  between the Sun and Model S, and Panel (b) shows  $Q_{nl}\delta\nu_{nl}$  between the Sun and Model NL.

the modes (Christensen-Dalsgaard et al. 1996), which is caused by the localized difference in sound speed as revealed by inversion.

In Figure 7(b),  $Q_{nl}\delta\nu_{nl}$  between the Sun and Model NL is much reduced compared to Figure 7(a), especially at the high-frequency end, and the depth dependence is removed. The remaining *l*-independent differences in Figure 7(b) suggest that they are still closely related to the near-surface layers. Further improvement may come from including nonadiabatic effects in the calculation of model frequencies (Cheng & Xiong 1997; Houdek 2010; Grigahcène et al. 2012) because the interaction between convection and oscillations in the near-surface region also has important effects on the frequencies.

In Figure 8,  $Q_{nl}\delta\nu_{nl}$  is plotted against  $\nu/L$  (with L = l + 1/2), and the upper abscissa shows the location of the lower turning point  $r_t$ . The near-surface errors are still most obvious here, but we can notice a step at  $\nu/L \approx 100 \text{ }\mu\text{Hz}$  in Figure 8(a); the corresponding  $r_t$  shows the location of the localized difference in sound speed between the Sun and Model S.

The effects of turbulence obtained from 3-D simulations have been parameterized and included in 1-D solar models (Li et al. 2002; Robinson et al. 2003) in order to explore the effects on solar oscillation frequencies. Alternatively, a patched solar model, in which the SAL of SSM is replaced



**Fig. 8** Scaled frequency differences  $Q_{nl}\delta\nu_{nl}$  between the Sun and models, in the sense of (Sun) – (Model), plotted against  $\nu/(l+1/2)$ . The upper abscissa shows the location of the lower turning point. Panel (a) shows  $Q_{nl}\delta\nu_{nl}$  between the Sun and Model S, and Panel (b) shows  $Q_{nl}\delta\nu_{nl}$  between the Sun and Model S.

by simulated SAL, can be used (Rosenthal et al. 1999). Their results showed similar improvements in  $Q_{nl}\delta\nu_{nl}$  as shown in Figure 7(b). However, Li et al. (2002) found that  $F_k$  was more important than  $P_t$ , but  $F_k$  was neglected by Rosenthal et al. (1999). In our model,  $F_k$  is negligibly small throughout the convection zone and overshooting region, but it works as part of the nonlocal effects of convection. The influences of nonlocal convection on the thermal stratification of the SAL mainly come from  $F_c$  and  $P_t$ .

#### 3.2 Detecting the Smoothness of the Transition

In MLT models, the abrupt transition at the base of the convection zone leaves a signature on solar acoustic oscillations. Gough (1990) showed that such a rapid variation in solar stratification con-

**Table 1** Seismic Parameters Resulting from the Fit of the Periodic

 Signal in Eq. (2) to the Frequencies of the Sun and Both Models

	A <sub>2.5</sub> (μHz)	$ar{ au}_d$ (s)	$ar{\gamma}_d$ ( $\mu { m Hz}$ )	$\phi_0$
Sun	0.042	2302	3.80	0.13
Model S	0.068	2287	8.76	0.95
Model NL	0.039	2323	2.21	0.39

tributes a characteristic periodic signal  $\delta\omega_{\rm p}$  to the frequencies of oscillation. The amplitude of  $\delta\omega_{\rm p}$  is proportional to the abruptness of the transition. If overshooting is modeled with nonlocal MLT, the amplitude increases because of discontinuity in the derivative of the sound speed. Thus by calibrating the amplitude of  $\delta\omega_{\rm p}$ , the extent of overshooting can be estimated. However, by comparing the observed and model frequencies, it is found that the amplitude of  $\delta\omega_{\rm p}$  in the Sun is comparable with or smaller than that in models without overshooting (Monteiro et al. 1994; Basu et al. 1994; Roxburgh & Vorontsov 1994), implying that the Sun has a smooth stratification. Therefore a very strong limit (less than one tenth of a pressure scale height) was placed on the extent of the nonlocal MLT overshooting.

However, as these authors have pointed out, the estimates were based on the assumption that the overshooting zone was adiabatically stratified, which was not justified within the nonlocal MLT. As we have shown here, the lower part of the convection zone is substantially subadiabatic, and the transition to the radiative interior is very smooth. Although the LOZ is quite extended in Model NL, we do not expect  $\delta \omega_p$  to be significant.

Following Monteiro et al. (1994), the characteristic periodic signal in solar frequencies caused by abrupt changes has the form

$$\delta\omega_{\rm p} = A(\omega)\cos\left(2\omega\bar{\tau}_d - \bar{\gamma}_d\frac{L^2}{\omega} + 2\phi_0\right),\tag{2}$$

where  $L^2 = l(l+1)$ ,  $\omega = 2\pi\nu$  is the circular frequency, and  $\bar{\tau}_d$ ,  $\bar{\gamma}_d$  and  $\phi_0$  are constants. The amplitude  $A(\omega)$  consists of two terms

$$A(\omega)^2 = a_1 \left(\frac{\tilde{\omega}}{\omega}\right)^2 + a_2 \left(\frac{\tilde{\omega}}{\omega}\right),\tag{3}$$

where  $\tilde{\omega}/2\pi = 2500 \ \mu\text{Hz}$  is the reference frequency, and  $a_1$  and  $a_2$  are constants. The parameters  $(a_1, a_2, \bar{\tau}_d, \bar{\gamma}_d, \phi_0)$  are determined by fitting Equation (2) to the frequencies after removing a smooth component. The numerical procedures were described in detail in the appendix of Monteiro et al. (1994). A reference value of the amplitude at  $\tilde{\omega}$ 

$$A_{2.5} = (a_1^2 + a_2^2)^{1/2} \tag{4}$$

is used to make comparisons between models and the Sun.

We isolate  $\delta \omega_p$  from the frequencies of both models and the Sun. We use modes having degree  $12 \leq l \leq 20$  and cyclic frequency between 1700 and 3500 µHz. The signal of Model NL is shown in Figure 9 against reduced frequency. The results are listed in Table 1. The amplitudes of  $\delta \omega_p$  in Model NL and the Sun are comparable, but smaller than those in Model S. Therefore the stratification at the base of the solar convection zone must be smooth, but it does not necessarily lead to the conclusion of limited overshooting.



**Fig.9** Signal of Model NL vs. reduced frequency. The fitted values from Eq. (2) are shown as the solid line.



**Fig. 10** Relative differences in squared sound speed, inferred by inversion, between the Sun and models, in the sense of (Sun) - (Model). The open symbols are for Model S, and the filled symbols are for Model NL. The vertical error bars correspond to the standard deviations based on the errors in the observed frequencies, while the horizontal bars give a measure of the localization of the solution.

#### 3.3 Sound-speed Inversion

Helioseismology enables us to deduce the internal structure of the Sun through inverting oscillation frequencies. Such data inversions are based on a linear perturbation analysis of the oscillation equations around a reference model. The differences in the structure between the Sun and the model are related to the differences in the frequencies. Inversion results have shown that the solar structure is remarkably close to the predictions of SSM (Basu et al. 1997), except below the base of the convection zone, where the sound speed of SSM is too low. In Model NL, the sound speed in the LOZ is enhanced as a result of the negative convective flux. Therefore the localized difference in the sound speed between the Sun and SSM is reduced when we use Model NL as the reference model (Zhang et al. 2012), as shown in Figure 10.

# 4 CONCLUSIONS

MLT is an over-simplified phenomenological theory, which does not account for the nonlocal effects of stellar convection. Its simple approximation breaks down at the boundaries of the convection zone.

Our nonlocal RSM constructed with Xiong's closure formulation gives a consistent solution to both the SAL and the LOZ. It shows overshooting at both boundaries of the convection zone, where the convective flux becomes negative. In the SAL, the convective flux decreases due to nonlocal diffusion, and the turbulent pressure is as high as 14% of the gas pressure. These nonlocal effects result in less efficient convection and a steep temperature gradient which helps reduce the frequency differences between the Sun and the model.

Our nonlocal model has an extended overshooting zone below the convective envelope. It shows a smooth transition with substantially subadiabatic stratification. The amplitude of the periodic signal arising from this region is comparable to that of the Sun, and the localized difference in sound speed between the Sun and SSM has been reduced.

Numerical simulations of overshooting can help us gain invaluable insight into the hydrodynamical properties of solar convection, provided solar-like approximations are made. 3-D simulations of the SAL have proven the importance of the turbulent pressure and the existence of overshooting and the steep temperature gradient. Numerical simulations of the LOZ, on the other hand, are not conclusive. Early 2-D and 3-D simulations (Roxburgh & Simmons 1993; Hurlburt et al. 1994; Saikia et al. 2000) found both adiabatic and subadiabatic overshooting, depending on their parameters (cf. Rempel 2004). More resolved simulations of Brummell et al. (2002) obtained subadiabatic overshooting with a smooth transition. The subadiabatic stratification has also been confirmed by Christensen-Dalsgaard et al. (2011) from the helioseismic point of view.

Full 3-D simulations of stellar convection are still computationally unaffordable, therefore RSM may be the only feasible approach that can be implemented in detailed structure and evolution codes without over-simplifying the physical picture (Canuto 2007). However, different RSM formulations tend to give different emphases on turbulent mechanisms, depending on the closure approximations they employ. Zhang & Li (2012) showed a very similar picture of overshooting to ours by using the formulation of Li & Yang (2007), in which third-order closure was achieved with a gradient-type scheme; while Marik & Petrovay (2002) predicted a very limited overshooting using the formulation of Canuto & Dubovikov (1997, 1998), in which the equations were closed at the fourth-order moments. However, high-order closure does not necessarily lead to better results in stellar modeling because it cannot guarantee a good fit of lower-order moments. Grossman (1996) made a detailed comparison between different closure approximations, and found Xiong's closure to be successful because it gave a better representation of the second-order correlations which were most important in constructing stellar models. Nevertheless, more thorough study of the existing closures under stellar conditions is still required. Helio- and asteroseismology and numerical simulations will help us put more constraints on these formulations.

Diffusion of helium and heavy elements was not included in the calculation since we used envelope models, but its effects on the solar composition profiles may be limited because of the efficient mixing caused by overshooting. Xiong & Deng (2009) studied the lithium depletion in late-type dwarfs. They found that for cool stars with mass  $M \leq 1M_{\odot}$ , where  $M_{\odot}$  is the solar mass, the time scale of diffusion is too long, and overshooting is the dominant mechanism of lithium depletion. However, more detailed comparisons need to be made in future evolutionary calculations. Together with the constraints from lithium depletion, we may carry out a more thorough calibration of overshooting.

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