Evidence of Evolution in the Dense Cores in Massive Star Forming Regions *

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Abstract The excitation of H₂O masers usually needs very high density gas, hence it can serve as a marker of dense gas in HII region. We selected a sample of H₂O maser sources from Plume et al. (four with, and four without detected CS(J = 7 - 6) emission), and observed them in ¹³CO(J=1-0) and C¹⁸O (J=1-0). C¹⁸O (J=1-0) emission was detected only in three of the sources with detected CS(J=7-6) emission. An analysis combined with some data in the literature suggests that these dense cores may be located at different evolutionary stages. Multi-line observation study may provide us clues on the evolution of massive star forming regions and the massive stars themselves.

Key words: ISM: molecules - masers - radio lines: ISM-stars: formation

1 INTRODUCTION

Dense cores in molecular clouds $(n \ge 10^5 \text{ cm}^{-3})$ are the sites of massive star formation, which determine the efficiency of star formation (Lada et al. 1991; Solomon, Radford & Downes 1990). However, the winds and radiation of newly formed stars can disrupt the local dense cloud cores and effectively shut down further star formation. On the other hand, very dense cloud cores can resist these disruptive forces and help to maintain star formation process (Plume et al. 1997). Thus a complete understanding of star forming activities in the Galaxy requires knowledge of the properties of molecular clouds where stars are forming. Detailed studies of some dense cores have yielded much information about the structure, excitation and chemistry, as well as the influence of the embedded stars (Carpenter et al. 1990; Plume et al. 1992, 1997; Hofner et al. 2000). C¹⁸O and ¹³CO are the best tracers of molecular gas with a density of $10^3 - 10^4$ cm⁻³ (Kato et al. 1999). C¹⁸O is good at tracing the column density in the warm, dense gas of cluster forming regions and the overall structure of the warm gas pervading the cluster. C¹⁸O

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line shapes and velocities are good tracers of the gas kinematics and are relatively unaffected by the optical depth effects. 13 CO emission can be optically thick toward the cluster center, it thus traces the outer, more tenuous regions of the cluster, where C¹⁸O is too weak to be mapped efficiently. These data therefore enable us to characterize the cluster-forming molecular gas from the regions of peak density toward the centers of each cluster out to the non-star-forming gas of the surrounding molecular cloud (Plume et al. 1997; Nagahama et al. 1998; Saito et al. 1999; Kato et al. 2000).

H₂O masers are excited in extremely dense gas (Elitzur, Hollenbach & McKee 1989; Strelnitskij 1984), they can serve as a pointer of likely locations of dense gas (Plume et al. 1992, 1997). Plume et al. (1992) detected CS(J=7-6) emission in 104 out of 179 H₂O maser sources. It should be noted that CS(J=7-6) emission was not detected in some of the sources, maybe due to the poor signal to noise ratio (Plume et al. 1992). It might be safe for us to conclude that the CS(J=7-6) emission of these sources is very weak in any case. The critical density of CS(J=7-6) is about ~ 2×10^7 cm⁻³, so the physical and chemical state of the cloud cores with detected CS(J=7-6) emission may be different from those without the emission. We selected eight sources from Plume et al (1992) (four with detected CS(J=7-6) emission (Cep A, S255/7, IRAS 00338+6312 and W3(1)), four without (S266, S201, IRAS 03101+5821 and BFS44)), and made C¹⁸O(J=1-0) and ¹³CO(J=1-0) observations in their directions.

2 OBSERVATIONS

Our observations were made at the Qinghai station of PMO (Purple Mountain Observatory of China) from 2003 March 28 to April 10. The 14 m radio telescope worked in 85–115 GHz, with a pointing accuracy better than 10". The main beam width of the antenna is about $106'' \times 70''$, and the main beam efficiency is ~42.12% at 112 GHz. The telescope is equipped with a 3 mm cooled SIS receiver with noise temperature about 60 K (DSB), and the system noise temperature at the zenith is 250 K (SSB). A 1024 channel AOS spectrometer has been installed on the terminal, the frequency resolution is 78.7 kHz (¹³CO) and 75.7 kHz (C¹⁸O). Our observations were made at 110.201 GHz (¹³CO(J=1-0) and 109.782 GHz (C¹⁸O (J=1-0)) in position-switching mode. We mapped a 6' × 6' region centered at the position of H₂O maser of each source with a grid spacing of 1'. S255/7 is an exception, however, which was observed with a grid spacing of 30". The sensitivity of the system is 0.26 K(rms) for 1 minute integration time.

3 RESULTS

The data were reduced with the CLASS software package. The CO maps of the integrated intensity are presented in Fig. 1. Both $C^{18}O(J=1-0)$ and $^{13}CO(J=1-0)$ emissions were detected toward S255/7, Cep A and IRAS 00338+6312. We plot $C^{18}O$ in grey scale with ^{13}CO contours superimposed. We did not detect $C^{18}O$ emission in W3(1), and four sources without CS(J=7-6) emission were detected. The $^{13}CO(J=1-0)$ maps of these five sources are plotted in contour levels. That $C^{18}O$ emission was not detected in these five sources may not imply there is no $C^{18}O$ emission. The system sensitivity of observations is 0.26 K(rms). This means if $C^{18}O$ emission in these sources have an average rms of about 0.2 K (Fig. 2). Hence if there is $C^{18}O$ emission in these sources, it must be weak. Keeping this in mind will help us to analyze the data and obtain correct conclusions.

Combined with the CO(J=1-0) data in the literature (Blitz, Fich & Stark 1982; Wouterloot & Brand 1989), we calculated the column density of ¹³CO using the formula

$$N(^{13}\text{CO}) = 2.13 \times 10^{14} \frac{\int T_R^*(^{13}\text{CO}) dv}{1 - \exp(5.29/T_{\text{ex}})} (\text{cm}^{-2}),$$

Table 1 Parameters of all eight sources. Here $\int T_R^* dv$ and Δv are the corresponding values of ${}^{13}\text{CO}(J=1-0)$. N is the column density of ${}^{13}\text{CO}$ in the maser site. The total infrared luminosity of the star associated with the H₂O maser (L) and distance (Dis) are cited from Wouterloot & Brand (1989) and Palagi et al (1993). Δv_{2-1} and Δv_{3-2} denote the FWHM of CS(J=2-1) and CS(J=3-2) cited from Plume et al. (1997).

Source	R.A.	Decl	$\int T_R^* dv$	Δv	N	L	Dis	Δv_{2-1}	Δv_{3-2}
	α (J2000)	δ (J2000)	$ m K~km~s^{-1}$	${\rm km}~{\rm s}^{-1}$	cm^{-2}	L_{\odot}	kpc	$\rm km$	s^{-1}
Cep A	22:56:17.932	+62:01:49.345	26.78	2.77	2.69E16	7.4E4	1.4	4.7	5.4
S255/7	06:12:53.617	+17:59:27.037	35.23	3.50	4.75 E16	2.8E4	1.65	3.1	4
IRAS-	00:36:47.509	+63:29:02.077	5.94	1.71	$5.17 \mathrm{E}15$	3.0E3	1.61	4.5	5.1
00338 + 6312									
W3(1)	02:25:28.226	+62:06:57.678	4.54	2.77	4.76 E15		3.18	3.3	4.3
S266	06:17:24.297	+14:54:37.206	3.85	2.59	2.46 E 15	$1.5\mathrm{E4}$	12.83	2.7	2.2
S201	03:03:19.684	+60:27:56.287	1.75	2.50	1.45 E15	$2.5\mathrm{E4}$	3.96	2	3.5
IRAS-	03:14:06.384	+58:33:09.837	2.09	1.21	$1.60 \mathrm{E15}$	$1.4\mathrm{E3}$	4.04	1.9	2.8
03101 + 5821									
BFS44	04:51:38.678	+45:35:33.028	1.10	0.12	5.12E14	1.8E3	4.83		

on the assumption of local thermodynamic equilibrium (Nagahama et al. 1998). We obtained integrated intensity ($\int T_R^* dv$) and full width at half maximum (FWHM) (Δv) by Gaussian fit (see Table 1). Here column 1 gives the source name, columns 2 and 3, the equatorial coordinates of the maser site. $\int T_R^* ({}^{13}\text{CO}) dv$, Δv (${}^{13}\text{CO}$) and N(${}^{13}\text{CO}$) are listed in columns 4, 5, and 6, respectively. The total infrared luminosity of the infrared source associated with the H₂O masers and the corresponding distance are given in columns 7 and 8 (Wouterloot & Brand 1989; Palagi et al. 1993). Columns 9 and 10 list the FWHM of CS(J=2-1) and CS(J=3-2) (Plume et al. 1997).

A brief description of each source and our CO map now follow.

Cep A: Cepheus A is a famous star forming region, and has been studied by many authors (Blitz & Lada 1979; Beichman, Becklin & Wynn-Williams 1979; Rodriguez, Ho & Moran 1980). IRAS 22543+6415 is associated with the H₂O masers at an offset $\Delta \alpha = 8.6''$, $\Delta \delta = 10.9''$ (Palagi et al. 1993). The C¹⁸O emission is relatively weak (see Fig. 1). There are some holes and two weak C¹⁸O emission peaks in the map. The ¹³CO emission is weak in the north of the H₂O maser site, but becomes stronger towards the south. The ¹³CO emission peak is coincident with a C¹⁸O peak lying in the southeast of the H₂O maser site.

S255/7: S255 and S257 are members of a cluster of optically visible HII regions S254–258. There is an embedded star formation complex between S255 and S257, which contains far infrared sources, UC HII regions and molecular outflows (Snell & Bally 1986; Kurtz, Churchwell & Wood 1994; Miralles et al. 1997). The infrared source associated with the H₂O maser is IRAS 06099+1800, which is located to the southwest of the H₂O maser site at an offset $\Delta \alpha = -4.3''$, $\Delta \delta = -5.0''$ (Palagi et al. 1993). Our observations show that the C¹⁸O emission is weaker than that of ¹³CO (see Fig. 1). Two weak C¹⁸O emission peaks located to the east and northeast of the H₂O maser site, which are coincident with the ¹³CO emission peak. The distribution of ¹³CO emission is relatively smooth.

IRAS 00338+6312: This is a young stellar object located near the core of dark cloud L1287, driving a strong molecular outflow (Yang et al. 1991; David et al. 1993). The cloud mass associated with it is in the range from $2.2 \times 10^3 M_{\odot}$ to $2.7 \times 10^3 M_{\odot}$ (Carpenter, Snell &



Fig. 1 Integrated intensity CO maps of eight sources. We plot $C^{18}O(J=1-0)$ in grey scale and $^{13}CO(J=1-0)$ in contour lines. The peak values of ^{12}CO of these sources are 62.921, 53.784, 26.646, 48.844, 4.778, 12.557, 12.636 and 7.795 K km s⁻¹, the contour levels are at 90%, 80%, ..., 10% of the peak. The ^{13}CO peaks of Cep A, S255/7 and IRAS 00338+6312 are 9.912, 6.888 and 5.882 K km s⁻¹, respectively. Here the filled rectangle denotes the H₂O maser site, and the open pentagon denotes infrared sources associated with them.

Schloerb 1990). The H₂O maser is coincident with that of IRAS 00338+6312 (Palagi et al. 1993). C¹⁸O emission is weak (see Fig. 1). There are some big cavities in the C¹⁸O map, and one weak peak lies to the south of the H₂O maser site. ¹³CO emission is weak in the north of H₂O maser site, but it becomes stronger with decreasing declination. There is no ¹³CO emission peak in the map.

W3 (1): W3 complex consists of a giant molecular cloud with numerous HII regions and luminous infrared sources. It has been studied in the near and far infrared (Wynn-Williams et al. 1972; Werner et al. 1980), in molecular lines (Claussen et al. 1984; Thronson 1986; Helmich et al. 1994) and in radio wavelengths (Roelfsema et al. 1987). This H_2O maser has no associated infrared source (Palagi et al. 1993). ¹³CO emission was quite weak in the north of the H_2O maser site, but it becomes stronger with decreasing declination. It seems there is a ¹³CO emission peak near the bottom of map.

S266: The nebulae, S266, was discovered by Sharpless (1959). Recent narrow-band H_{α} image and high resolution spectroscopy of S266 indicate that its central star, MWC137, is a supergiant Be star, and S266 is a ring nebula around this star (Esteban 1998). The H₂O maser is associated



Fig. 2 Typical C¹⁸O (J = 1 - 0) spectrum of eight sources. Their rms values are 0.198 K, 0.189 K, 0.22 K, 0.207 K, 0.219 K, 0.153 K, 0.212 K and 0.22 K, respectively.

with IRAS 06145+1455, with an offset $\Delta \alpha = 1.5''$ and $\Delta \delta = -5.0''$ (Palagi et al. 1993). ¹³CO emission concentrates in a small area around the maser site, and ¹³CO emission peaks at the north of H₂O maser site. Irregular morphology of ¹³CO clump indicates that CO gas may be interacted with the ambient interstellar medium.

S201: S201 is apparently the eastern-most member of the string of HII regions dominated by the giants W3, W4 and W5 (Martin & Barrett 1978; Lada et al. 1978). It coincides with IRAS 02593+6016 and appears on the POSS plate as a nebula with an obscuring lane running through it. IRAS 02593+6016 is located to the southwest of the H₂O maser site at an offset $\Delta \alpha = -13.4''$ and $\Delta \delta = -4.0''$ (Palagi et al. 1993). The ¹³CO emission is weak in the north of the map, but it becomes stronger with decreasing declination (see Fig. 1). It seems there is a big cavity around the infrared star and the H₂O maser site in the ¹³CO map.

IRAS 03101+5821: It is located in an active star-forming region. IRAS 03101+5821 is the target of many surveys (Wouterloot & Brand 1989; Palumbo et al. 1994; Nyman & May 1995), but it has not been studied in detail. H₂O maser associated with IRAS 03101+5821 was detected by Comoretto et al. (1990), which is located to the northeast of infrared star with an offset $\Delta \alpha = 13.4''$ and $\Delta \delta = 2.1''$ (Palagi et al. 1993). There is little ¹³CO emission in the north of maser site. ¹³CO emission becomes stronger to the south of the maser site. No ¹³CO emission peak appears in the map.

BFS44: It is an optically visible Galactic HII region, and is associated with a molecular cloud complex and various masers. BFS44 has been observed in several surveys (Wouterloot & Brand 1989; Koo, Heiles & Reach 1992; Palagi et al. 1993). The infrared source, IRAS 04480+4530, is located at northeast of H₂O maser site with an offset $\Delta \alpha = 10.5''$ and $\Delta \delta = 1.0''$ (Palagi et al. 1993). ¹³CO emission was detected only in the south of H₂O maser site. ¹³CO emission becomes stronger with the decrease of declination, and there is a ¹³CO emission peak in the south of H₂O maser site.

4 DISCUSSION

Both CS(J=3-2) and CS(J=2-1) emissions were detected to all eight sources (Plume et al. 1997). This means that these dense cloud cores associated with H₂O masers are rich in intermediate density gas. C¹⁸O and ¹³CO are effective in tracing the outer, tenuous gas of the dense clumps. However, no C¹⁸O emission was detected in the sources W3(1), S266, S201, IRAS 03101+5821 and BFS44. Because the system sensitivity of our observation is about 0.2 K (Fig. 2), if there is C¹⁸O emission in these five sources, it must be weak. There are some structures such as holes and cavities in the C¹⁸O map of Cep A, S255/7 and IRAS 00338+6312. All eight sources show a relatively smooth distribution of the ¹³CO.

We notice that massive stars are formed in the dense cores of giant molecular clouds, and evolution of the central star will influence the natal cloud cores. Its strong wind and radiation will create an HII region and finally disrupt the natal cores. So the molecular environments of star forming region have been changing all the time. For four sources with detected CS (J=7-6) emission, three show both C¹⁸O and ¹³CO emissions, while four show only ¹³CO emission. One possible reason is the variation of the abundance ratio of 13 CO to C¹⁸O. Though the dense cloud cores associated with H_2O masers are usually not coincident with associated infrared sources, they are affected by the strong wind and radiation of the newly formed star. The star will illuminate the outer, tenuous gas of the dense clumps and determine its physical and chemical properties. Self-shielding hence plays an important role in the dissociation and formation of CO. Because the self-shielding of 13 CO is much more efficient than that of C^{18} O, if the extinction is low and FUV radiation field is strong in the region, 13 CO will be enriched and $C^{18}O$ will become depleted due to dissociation (Strörzer et al. 2000). On the other hand, the abundance ratio of 13 CO/C¹⁸O may keep constant and the outer part of the dense cloud cores may become tenuous. When ¹³CO emission is just detectable, we cannot expect to detect $C^{18}O$ due to its low abundance. In fact, the column densities are higher in the four sources with detected CS(J=7-6) emission than in the other four sources (Table 1). Of course, this will make it easier for the $C^{18}O$ to be dissociated too. It is probable that variations in the ${}^{13}CO/C^{18}O$ ratio and in the gas density both play a role in determining the emission of ${}^{13}CO$ and $C^{18}O$.

Figure 3 shows the corresponding correlations of some parameters, and all of them refer to the H₂O maser sites. We see that $\log N(^{13}\text{CO})$ -FWHM ($^{13}\text{CO}(J=1-0)$) and $\log N(^{13}\text{CO})$ - $\int T_R^* dv$ show a good correlation, which is consistent with the theory of molecular line emission. The FWHM of ¹³CO lines correlates very well with the infrared luminosity of the associated star. This implies that the infrared radiation of the star heat the outer, tenuous gas of dense cores, and the FWHM mainly reflects the thermal motion of the gas. The excitation of CS(J=2-1)emission needs higher density, so CS(J=2-1) emission should originate deeper inside the cores, and its physical and chemical state are not strongly influenced by the star. This may be the reason that the FWHM of CS(J=2-1) does not correlate with the infrared luminosity of the star. The FWHM of CS (J=2-1) and that of ¹³CO show no correlations, this further supports the view that ¹³CO and CS(J=2-1) emissions originate at different depths in the cloud cores and are dominated by different conditions. The FWHM of CS(J=2-1) correlates well with the CS(J=3-2), indicating that they originate in the same regions of the cloud cores and are dominated by the same conditions. The column densities of those without detected CS(J=7-6)emission have relatively much more tenuous gas (Table 1). The outer gas of these dense cores may have been dissipated or depleted by the strong wind and radiation of the newly formed star during its evolution. There was little $C^{18}O(J=1-0)$ in this tenuous gas, hence we cannot expect to detect it. The mean column density of CS is higher in the sources with detected CS(J=7-6) emission than in the sources without (Plume et al. 1997). Hence we think that the dense cloud cores with detected CS(J=7-6) emission are apparently in a relatively earlier phase than the other sources, and that they are not seriously affected by the young stars. That many different molecular line emission originate from different depths of the dense cores provides us an opportunity to study their physical and chemical state and evolution stage. A detailed study of the molecular environments of the HII regions may give us information on the evolution of massive stars.



Fig. 3 Correlations of some parameters (see Table 1).

5 CONCLUSIONS

The rapid evolution of a massive star will interact strongly with its ambient cloud and influence its physical and chemical state, so multi-line study of dense cloud cores may provide us clues on the process of formation of massive stars. Our 13 CO and C¹⁸O observations toward eight dense cloud cores associated with H₂O masers, combined with the CS data from Plume et al. (1992, 1997), indicate that these dense cloud cores may be located in different evolutionary stages. We cannot determine the evolutionary sequence of the corresponding HII regions because of lack of data. However, it seems feasible to obtain the information of the evolution of HII regions and massive stars by examining the physical and chemical conditions of their molecular environments.

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